

INTRO2ELECTRO™



For Him

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Welcome

Congratulations on purchasing an **Intro2Electro™ Pack for Him**. Given sufficient care your pack should give you many years of erotic electro-stimulated pleasure. Before starting always read these instructions and ensure you are completely familiar with all the accessories and the safety warnings prior to use.

Contents

The **Intro2Electro™** pack is supplied inside a custom foam lined protective case designed to help protect your valuable e-stim collection from damage. Inside this pack you should find the following

- An E-Stim Systems Series 1 power box.
- A 2mm/TENS connection cable.
- A pair of adjustable 2mm conductive rubber loops.
- A set of sticky pads.
- A 9v PP3 battery.
- A guarantee registration card.
- This manual.

If anything is missing then please contact your supplier.

What is it?

Electrostimulation or E-Stim (also called electrosex and electroplay) is the art of using electricity to stimulate the body. With our **Intro2Electro™** pack you have chosen an excellent way to start in the world of electro stimulation. Both men and women can enjoy the pleasures that E-Stim can bring, just be safe and enjoy your experiences.

The Power Box

The **E-Stim Systems Series 1™** was developed as an electro stimulation based pleasure box. Unlike some other units on the market this is NOT a rebadged TENS unit, but a made for play dedicated e-stim box.

Key Features

- Instant and simple control of output level, pulse rate and sensation with stepless adjustment and control.
- 3 Adjustable modes.
- Battery driven - hours of fun from a single PP3 battery.
- User replaceable battery – no need to wait for a recharge.
- Single channel dual output allows the use of unipolar and bipolar electrodes.
- Safe current limited AC output.
- Manual trigger – the unique 'FIRE' button.
- Lifetime guarantee on the power box.
- Designed and manufactured in the UK.



SAFETY WARNING

(DO NOT CONNECT THE POWER BOX OR ANY ELECTRICAL DEVICE TO ANY LOCATION ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER OR ARE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK. YOU MUST READ AND UNDERSTAND THE USER MANUAL AND ALL OTHER INSTRUCTIONS BEFORE ATTEMPTING OPERATION.

Fitting the battery

Make sure the power box is switched off, and unplug any electrodes.



Turn the box over and using a small screwdriver or a fingernail inserted into the battery compartment slot, gently prise the battery compartment cover out.

Remove the old battery (if fitted) and replace with a fresh 9V

Alkaline PP3. The battery connector is polarized so it should not be possible to connect the battery incorrectly, but ensure you are connecting it the right way around before you plug the battery in.



Place the battery into the battery compartment and replace the battery cover. The cover is fitted with two tabs which insert into the lower half of the case first, and then the top half of the cover will clip into position.

The unit is now ready to use.

Please note we do NOT recommend the use of re-chargeable batteries in the EBox™ Series 1 unit, nor do we recommend the use of zinc carbon batteries due to their general poor performance.

It is not possible to use a mains adaptor with the Series 1.

In the event your E-Stim power box is not being used for a period of time, remove the battery to avoid any potential damage from battery leakage.

Testing it works

Before using the power box, you should test the unit to make sure everything is working.

1. Make sure the **output level** is set to minimum, and the **Mode Selector** is switched to 'Off'.
2. Fit a battery.
3. Turn the mode selection switch to the **Pulse position**. The Power LED should light up continuously and the Activity LED should flash. If the power LED does not shine then check the battery connections and replace the battery with a known good device. If the unit still fails to operate then email info@e-stim.co.uk for further instructions.
4. Turning the **Pulse Rate** control should make the activity LED (and the output) flash at a rate between 1 and 6 times a second.
5. Switch the mode selector switch to **Continuous**. The activity LED should now be on all the time.
6. Switch the mode selector switch to **Manual**. The Activity LED should light when and only when the **FIRE button** is pressed.
7. Turn the unit off and connect the two conductive rubber loops to the **2mm/TENS cable** and then the power box via one of the output jacks. Loop both loops around your fingers. Pull them tight and make sure they do NOT touch each other.
8. Turn the unit on and *slowly* turn the output level up. You should start to feel a slight tingling sensation from the electrode. If you do then everything is working. Turn the output level down, turn the box off and unplug.



Always bear in mind the safety warnings.

If you have problems

If the output feels lower than normal, replace the battery with a **new** battery.

If there is no output, and you have replaced the battery with a known good battery, then suspect the connecting wires.

Using Electrodes

Contacts

Electroplay needs at least **two** points of contact in order for it to work. This pack is supplied with two sets of monopole electrodes (pads/loops), So you will need a minimum of two loops, or two pads, or one loop and one pad for everything to work.

Conductive Rubber Loops

This pack is supplied with a set of adjustable 2mm/TENS conductive rubber loop electrodes. These electrodes are designed to wrap around the penis giving a fantastic and erotic stimulation direct to a man's most important member.



Surface Electrodes

Also supplied are 4 re-usable self-adhesive electro pads. These are used in pairs and stick to the surface of the skin. When you have finished using them they should be returned to the plastic carrier sheet for protection.

Connections

The connection cable has two plugs on one end, and a jack plug on the other. Each of the two coloured pin plugs insert into each of the two loops (one plug per loop), or one plug into each of two pads.

Do NOT plug the two pin plugs into the same loop.



The jack plug then plugs into a socket on the power box. Do not connect or disconnect any electrode while the power box is switched on, or you may get receive an inadvertent shock.

To remove a connection plug gently twist the body of the plug as you pull. Do not pull the cable.

Positioning

Conductive rubber loops are designed to fit around the penis, making sure they do not touch each other. You may if you wish place the loops behind the scrotum, or even use a loop and a pad at the same time. Squeeze the adjustment collar to loose and tighten the loop.



Self-adhesive electro pads work well on inner thighs, bottom cheeks, even the penis – the choice is yours. The closer the pads are together, the more intense the sensation, but make sure the pads do not touch each other.

You may feel more sensation in one location than the other. This is the nature of e-stim and is normal - Just try moving things around and experiment with positions to find what works for you.

Conductive Gel

Conductive lube or Gel can help in smoothing out and improving the sensation, but can be slippery if used with conductive rubber – in this case we recommend **TacGel**. Only use water-based conductive lubricants and gels, and **DO NOT** use lube on self-adhesive electrode pads.



Cleaning

The conductive rubber loops can be cleaned with medical grade cleaning wipes and solutions, but cannot be sterilized in an autoclave. Self-adhesive conductive electrodes cannot be cleaned. To prolong their use always return them to their protective carrier sheet after use.

Do's and Don'ts

DO NOT CONNECT ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER OR ARE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK.

If your subject experiences any pain or discomfort then stop using immediately. Any E-Stim device is potentially capable of causing burning when used on sensitive and or small contact areas at high output levels.



DO NOT SHORT CIRCUIT the output. Doing so may damage the unit.



DO NOT attempt to open the power box. High voltages are present during use and may still exist when the unit is switched off. There are no user serviceable parts inside and opening the power box will invalidate your lifetime guarantee.

The connection cables will become detached from the power box if pulled. This is a safety feature so if you find this to be a problem during play, then we suggest you purchase slightly longer cables.

Series 1 Controls



The Series 1 unit has five user controls. Each control allows the user to adjust a particular aspect of the output. It is the operation of the controls in combination that will allow the user to provide an effective electro-stimulation session.

The controls are

- Mode selector switch.
- Output level control.
- Pulse feel adjustment.
- Pulse rate adjustment.
- Fire button.

Output Level

Adjusts the output level. Remember that the output is also dependent on a number of factors (the resistance of the contact points, their location, the sensitivity of the subject etc.), so may change from time to time. Always start at zero and build up.

Pulse Feel

Controls the sensation of the output in all modes. It has been described by some users as varying the feel from 'soft' to 'spiky'.

Pulse Rate

Changes the speed of the pulses in the pulse mode. Has no effect on the output in the other modes. The adjustment ranges from around 1 to 6 pulses per second.

Fire Button

Triggers the output when the mode selector switch is in manual mode. Because the subject is unable to grow accustomed to the stimulation, the effect is much more pronounced. The output is active for as long as the fire button is pressed.

Mode selector

Used to change the program mode of the power box. The mode selector switch has four positions.

Off

The unit is powered off. The battery may be removed.

Pulse Mode

The output is a series of pulses, the duration of each burst is controlled by the pulse rate control, whilst the sensation of each pulse is controlled by the Pulse Feel control.

Continuous Mode

The output is continuous, with the sensation controlled by the Pulse Feel control.

Manual

Allows the operation of the manual fire button. The fire button is only active in this mode.

Outputs

Connection to electrodes is via either two 3.5mm mono jack sockets on the top of the unit. Ensure the unit is switched off before inserting or removing the connector to eliminate the possibility of either inadvertent electric shocks or short circuits occurring. The two output sockets are wired in parallel and are not isolated from each other.

Accessories

This **Intro2Electro™ for Him** pack is supplied with a 1.5M connection cable fitted with a 3.5mm jack on one end and two 2mm plugs on the other, a set of adjustable 2mm conductive rubber loops and a set of self-adhesive conductive electro pads.

Should you wish to use other electrodes, you may need additional cables or adaptors.

Other cables and accessories are available. For more information visit your supplier or our website at <http://www.e-stim.co.uk> (UK/EU) or <http://www.e-stimsystems.com> (Worldwide).

Additional Notes

Storage

In the event that the E-Stim Systems EBox™ Series 1 unit is not going to be used for a period of time always remove the battery to avoid any possibility of damage being caused by battery leakage.

Cleaning

Do NOT use solvents to clean the EBox™ Series 1. A gentle wipe with a soft cloth should be sufficient. It is not possible to sterilise the control unit.

Conductive rubber can be cleaned with alcohol based cleaning wipes, but cannot be sterilized.

Self-adhesive conductive electrodes cannot be cleaned.

Pack Specifications

Channels/ Outputs	Single channel, dual output mono 3.5mm sockets.
Display	High brightness Light Emitting Diodes indicating Activity and Power On.
Operating Modes	3 - Pulse, Continuous and Manual
Controls	Mode Selector, Output Level, Pulse Feel, Pulse Rate, Manual Trigger (Fire)
Output Waveform	Asymmetrical pulsed AC
Output Type	BF
Micro Pulse Width	Variable 3mS to 14mS
Burst Pulse frequency	1 - 6 Hz
Power Supply	Standard 9 Volt Alkaline (PP3)
Battery Life	Variable dependent on load, but estimated at around 4 days with continuous use.
Dimensions (approx.)	145mm x 80mm x 50mm
Weight (with battery)	250g
Supplied Accessories	1 off 3.5mm to 2 mm output cable, 2 off 2mm Conductive Rubber Loops 4 off Self Adhesive electro pads, 1 off 9V PP3 Battery 1 off Manual. 1 off Guarantee Registration Card 1 off Carry Case

Problems?

If the output feels lower than normal, then replace the battery.

If there is no output, and you have replaced the battery with a known good battery, then suspect the connecting wires.

If things still don't appear to be working then email us at

info@e-stim.co.uk

stating the serial number and the problem you have encountered.



There are no user serviceable parts inside and breaking of any seals will invalidate your guarantee. All power units are guaranteed (parts and labour) against failure caused by manufacturing defects or failure during normal use for the lifetime of the unit.

Do not return the unit for repair without contact us for a returns number before you dispatch.

For more details regarding our lifetime guarantee, product registration and our full range of e-stim products, then visit our website at

<http://www.e-stim.co.uk> (UK/EU customers)

or our worldwide site at <http://www.e-stimsystems.com>.

Our lifetime guarantee does not effect your statutory rights.



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Certificate of Conformity

US Regulatory Wireless Notice

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The FCC requires the user to be notified that any changes or modifications made to the device that are not expressly approved by E-Stim Systems Ltd may void the users authority to operate the equipment.

European Union Notice



Products bearing the CE marking comply with the R&TTE Directive (1995/5/EC), EMC Directive (89/336/EEC), and the Low voltage Directive (73/23/EEC) issued by the Commission of the European Community.

Compliance with these directives implies conformity to the following European norms (in parentheses are the equivalent international standards and regulations.)

EN 55022 (CISPR 22) – Electromagnetic Interference , EN 55024 (IEC61000-4-2,3,4,5,6,8,11) – Electromagnetic Immunity, and EN 60950 (IEC 60950) – Product Safety.

This device may be used in all European Union Countries.

Sold as an adult novelty device only. Not to be used by children.



EU and Norway only: Products bearing the WEEE symbol should not be disposed of in normal household waste, but returned to us or your nearest WEEE registered recycler for safe disposal.



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