

PENISPLUG™ INSTRUCTIONS



Congratulations on your purchase of an E-Stim Systems PenisPlug™. (Otherwise known as a PenisPlug)

Monopole electrodes such as the PenisPlug are designed for use with a second point of contact. This can be either a surface electrode such as a sticky pad, conductive rubber loop or cock strap, or another insertable electrode.

Safety

DO NOT CONNECT ANY ELECTRICAL DEVICE TO ANY LOCATION ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER ARE EPILEPTIC OR ARE OR MAYBE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK.

Cleaning

Always clean your PenisPlug both before and after use. Ensure that it is dry before storage. Soap, hot water and medical grade cleaning wipes such as our Disinfectant Wipes can be used to clean your PenisPlug. It can also be boiled in water to sterilise them. Do NOT use caustic cleaning substances as this may damage the PenisPlug.

Check Before use

Always inspect the PenisPlug thoroughly before use for nicks and scratches or any other damage. If it is found to be damaged then DO NOT USE. Using a damaged Penis Plug could result in an injury.

Connection

On the base of the PenisPlug you will find a single 4mm socket. To use the PenisPlug you will need either an E-Stim Systems 4mm Connection Cable or E-Stim Systems BiCable together with an additional electrode or point of contact otherwise the PenisPlug will not work.

Use

The following is guidance based on a users experience and should not be considered expert instruction. If you are unsure about any of the practicalities of Urethral play, then we suggest you seek expert advice before play. If you feel any

sharp pain or more than mild discomfort at any point you stop straight away.

Ensure the Penis Plug is cleaned both before and after use as previously described and connect the Penis Plug to the cable. Prepare the Penis Plug for use by coating it and the opening of the Urethra with a Sterile Lubricant. It is very important that there is enough lubricant otherwise insertion can be painful. It is easier to begin to insert the Penis Plug if you are semi erect.

Gently place the rounded tip of the PenisPlug into the entrance of the Urethra; you may have to use a little pressure initially just to get things moving but be gentle. The Urethra will need to stretch enough to allow the head of the PenisPlug to slip in, take time to allow this to happen and do not force it in. Once the PenisPlug is in far enough for the bulb to be fully within the Urethra you may feel it gently slip down the shaft as the Urethra closes behind the bulb. If this does not happen consider gently removing the Penis Plug and applying more Sterile Lube and try again.

The Urethra is a delicate part of the body and so be gentle and take your time to insert the PenisPlug. The PenisPlug can be inserted all the way up to the base, and having the base in contact with the head of the penis can generate some great sensations.

It is imperative that if you feel any sharp pain or more than mild discomfort you stop straight away. Keep the Urethra well lubricated at all times. It is advised that you only begin stimulating once the Penis Plug is in a comfortable position.

Once connected, switch the power box on and slowly increase the power until the desired stimulation is achieved. The PenisPlug is designed to be inserted into the penis and can be gently moved in and out of the Urethra to create a pleasurable sensation. To do this hold the 4mm plug and not the end of the PenisPlug as otherwise you may feel a tingle through your fingers.

If at any time you wish to stop play turn the output setting down and switch the box off first. Do NOT remove the cables from either the box or the electrode whilst in operation as inadvertent shocks may be experienced.

To remove

Reduce the output levels to minimum, switch off the control box and then unplug the cable from the control unit. Slowly and gently remove the PenisPlug from the Urethra. Remembering that unlike with a sound the Urethra needs to expand again to allow the PenisPlug to be removed, so again take your time and be gentle. Once removed clean it immediately ensuring it is completely dry before storage. It is also advisable to urinate soon after to flush any lube from the Urethra.

To remove the plug from the socket in the PenisPlug gently pull the plug (not the wire) and twist anticlockwise.

Do not leave the connecting plugs inserted into the electrode during storage or cleaning.

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